



ST. GEORGE'S E-TOUCH

Friday March 1, 2019 – Saturday March 9, 2019

Transfiguration Sunday March 3, 2019:

Services at 8:00 and 10:00 am

Presider: Rev. Dr. Stanley Brooks
Preacher: Rev. Dr. Stanley Brooks

MC: Sandra Holmes

Readings: Exodus 34:29-35
2 Corinthians 3:12 – 4:2
Luke 9:28-36

This Week:

Today 1:30 World Day of Prayer

Sat 8:15 Men's Breakfast
Restaurant l'Étoile

Mon 1:00 Women's Bible Study

Tues 5:30 Pancake Supper

Wed 7:00 Imposition of Ashes

Thurs 7:15 Choir Practice

Sat 8:30 Women's Breakfast
Restaurant l'Étoile

If God can rest, there is no excuse that we cannot take 24 hours off to rest... to rest with God.

World Day of Prayer



Hosted by St. George's TODAY at 1:30 pm

We will join in prayer with 9 other West Island churches and a joint choir to help sing along.

The theme for this year is "Come – Everything is Ready".

Please join us for this ecumenical service written by the World Day of Prayer Committee of Slovenia. There will be a reception in the lower hall following the service.

Come one, come all.

Men's Breakfast

Are you a guy?
Do you like to eat?
Do you like to talk?

If you answered yes to any of these, then please join us on the first and third Saturdays of the month.

During our time together, there is good food, awesome fellowship and great conversation. This breakfast is a PERFECT opportunity for getting to know other men in your church family.

We have a great group of guys each time, so there are plenty to talk with and we are always ready and happy to welcome new faces and voices to the group!

The next breakfast is tomorrow March 2 at 8:15 at Restaurant l'Étoile in Pincourt.

Women's Breakfast

This month, you can put your pots away and treat yourself to a restaurant breakfast. It may be Lent, but God knows that we need to nourish our bodies as well as our minds. Breakfast at 8:30 am at Restaurant L'Étoile, 108 boul Cardinal Léger, Pincourt, on March 9, will help us to be ready for nourishing our souls the following day, the first Sunday in Lent. We need to know the approximate numbers ahead of time, so please let Ann Cumyn (acumyn@sympatico.ca) know if you plan to attend.

Shrove Tuesday Pancake Supper

Shrove Tuesday is the last day before Ash Wednesday and the beginning of Lent. While crowds celebrate the day with wild carnivals and drunken revelry in New Orleans and Rio de Janeiro, here in Quebec we rather more calmly gather in church basements and parish halls and feast on pancakes.

Its name comes from the Germanic-Old English word "*shrive*", meaning absolve, and it is the last day of the liturgical season historically known as Shrovetide. Because it comes directly before Lent, a season of fasting and penitence, this was the day that Christians would go to be "shriven" by their confessor.

Shrove Tuesday also became a day for pre-fasting indulgence. In particular, the need to use up rich ingredients such as butter, milk, sugar and eggs before Lent gave rise to the tradition of eating pancakes on this day. There are even historical references to a "pancake bell" in English towns being rung around 11 am on this day to signal that it was time to get frying.

Here at St. George's you will find a hearty supper of pancakes, sausage, ham and usually fruit. The maple syrup will be flowing.

Tuesday March 5 – 5:30 pm

Volunteers needed:

Set-up, cooks, servers, clean up and more ...

Contact Richard at
richardhowarth@videotron.ca

Cost is \$6.00 for adults and \$3.00 for children 3 – 12

Maximum \$20.00 per family

[Profits from the dinner go to St. Michael's Mission](#)

Sunday School

We have a great team of Sunday school teachers and could use more people willing to help with the children on Sunday mornings. We work on a rotation basis as a team. Please speak with one of the teachers if you can offer some time. Thank you!

Lenten Bible Study

Come join Rev. Stanley on Monday evenings starting March 11 in the chapel at 7:00 pm for a study and discussion of the bible readings for the following Sunday. The lectionary series will be analyzed and the common themes elaborated. If you would like to prepare prior to the discussion, the readings will be posted on our website and in the e-Touch on the Friday before so that you can prepare your questions for Rev Stanley. There is no cost and no materials to purchase but we would like to have an idea of how many people to expect. Please RSVP Lori at

office@stgeorgesanglicanchurch.org



Ash Wednesday

At 7:00 pm on March 6, St. George's invites you to its Ash Wednesday Service with imposition of ashes. During this service and for those desiring, St. George's will mark worshippers with ashes in the sign of the cross. I recognize that for some of our members this observance will be warmly familiar. Others though might find this practice curious.

The specific aim of Ash Wednesday is to launch us into this Lenten season. This aim can be further distinguished into three purposes for the Christian: 1) to meditate on our mortality, sinfulness and need of a savior; 2) to renew our commitment to daily repentance in the Lenten season and in all of life; and 3) to remember with confidence and gratitude that Christ has conquered death and sin.

The imposition of ashes with the sign of the cross and accompanied by the words, "Remember that you are dust, and to dust you shall return," is a central part of the worship service. Ashes have a long history in Biblical and church traditions. In Scripture ashes or dust symbolize frailty or death (Gen. 3:19, 18:27), sadness or mourning (Esther 4:3; Job 2:8), judgment (Lam. 3:16), and repentance (Jon. 3:6). All of these themes are present in the church's use of ashes during this worship service. The imposition of ashes, therefore, is a symbolic, vivid and tangible reminder of our sinfulness and mortality and of our utter dependence upon the grace of God and the power of Christ's resurrection.

Nevertheless, if you choose to attend the service you should not feel compelled to come forward to receive ashes. Neither should this practice be seen as a way of displaying one's piety before others. Rather, it is hoped that Ash Wednesday ushers each worshipper (ashes or no ashes) into this Lenten season, leading to a heightened sense of reflection upon our need for Jesus Christ's saving work and to a deepening commitment in our discipleship of him.

Extracted from Benjii Slation February 2016

Rev. Stanley Brooks

Interim Parish Priest

lgsbrooksivy@gmail.com

Office Hours: Wed 10:00 – 1:00

Ann Cumyn, Sandra Holmes

Amanda Reynolds, Susan Winn

Lay Readers

Jean-François Gauthier

Choirmaster

Kisha Joseph

Youth Director

sgac.youth@gmail.com

Lori Davison

Parish Administrator

office@stg.church

James Williamson

Cleaner

Dale Stilwell

Rector's Warden

dale.stilwell@live.com

Ann Hamaker

People's Warden

hamakers@outlook.com

Kevin Glasgow

Treasurer

kglasgow54@gmail.com

Contact St. George's: 514-457-6934

Office Hours: Tues, Thurs, Fri

8:00 – 12:00

Weekly Offering

Offering for 24 February: \$815.00

Thank you to everyone who is giving regularly at St. George's whether via cash, cheque, PAR, or online. If you are able, we greatly appreciate the PAR donation approach, as it helps ensure regular cash flow for our church's ministry, despite attendance patterns - especially in the summer and during vacation times. Please know that regardless of donation method, your support of the Lord's work through St. George's is deeply appreciated. Any questions or concerns regarding donations can be directed to:

richardhowarth@videotron.ca

For info on all of our weekly activities and special events, please consult our website or Facebook page. We welcome your submissions for e-Touch; please note the deadline for your requested inclusion is Thursday at the end of the day.