



# St. George's e-Touch

Friday June 28, 2019 – Saturday July 6, 2019

**Pentecost 3**  
**June 30, 2019**

**Services at 8:00 and 10:00 am**

**Presider:** Ann Cumyn  
**Preacher:** Susan Winn

**Readings:** 2 Kings 2:1-2, 6-14  
Galatians 5:1, 13-25  
Luke 9:51-62

**This Week:**

Sat 8:15 Men's Breakfast  
Restaurant l'Étoile

If God can rest, there is no excuse that we cannot take 24 hours off to rest... to rest with God.

## The Humble Road

I need not want for fame or brazen hints of wealth hung from my neck  
fine fashions weaved of lavish cloth  
or palaces to call my nest.

I need not want for beauty that coerces me to sell my soul  
or profits of a greedy banker  
hoarding all his filthy gold.

For mine shall be a humble den,  
a pot of tea, a window pane,  
a feline friend to greet me through the hours of my treasured days.

A beehive's hum shall soothe my ears  
as sunlight pours upon my rest.  
A feathered pilgrim twittering shall be the chorus I love best.

Grant me the whispers of a breeze as I rest by a glowing hearth,  
a belly that is humbly filled,  
a heart connected to the earth.

And I shall live a happy life, deficient of conformity;  
I'll walk an old but humble road,  
conversant with simplicity.

And when my time is withering  
I'll look towards Atlantic skies with hand on heart;  
I'll know I've lived a life that fortune cannot buy.

For ours is not to plunder Earth with blindfolds fixed upon our heads;  
mankind was born to praise and love  
the path of which he meekly treads.

No riches shall ensnare my soul,  
for comfort lies within the land;  
dear Mother Earth sustains my heart  
and swells the cup within my hand.

And all I am I owe to Him—the blood that runneth through my veins,  
dear maker of my merry soul  
and guardian of my blessed days.

By Freya Turrill

## Food Cupboard

Where community is family – thank you for your generous donations to restock our shelves. Please remember that we will be open through the summer.

**What are ways you can help? Make a financial donation, donate food items, volunteer.**

If you are able to donate food, here are our “super six” – always need items:

- canned fish and meat
- peanut butter
- toilet paper
- pasta sauces
- hearty soups and stews
- cereal



Cedric and Diana have recently moved to a residence and would love to receive a note, a visit or a call. If you would like reach out to them, please call the office for their contact information.

## Summer Services



Summer services at St. George's will **begin next Sunday July 7** and run through Sunday September 1 inclusive. Please take note that during this period there will be only one Sunday service and it's at **9:00 am**.

**Rev. Stanley Brooks**

Interim Parish Priest

[lgsbrooksivy@gmail.com](mailto:lgsbrooksivy@gmail.com)

**Ann Cumyn, Sandra Holmes**

**Amanda Reynolds, Susan Winn**

Lay Readers

**Jean-François Gauthier**

Organist and Choirmaster

**Lori Davison**

Parish Administrator

[office@stg.church](mailto:office@stg.church)

**James Williamson**

Cleaner

**Dale Stilwell**

Rector's Warden

[dale.stilwell@live.com](mailto:dale.stilwell@live.com)

**Ann Hamaker**

People's Warden

[hamakers@outlook.com](mailto:hamakers@outlook.com)

**Kevin Glasgow**

Treasurer

[kglasgow54@gmail.com](mailto:kglasgow54@gmail.com)

Contact St. George's: 514-457-6934

Office Hours: Tues, Thurs, Fri

8:00 – 12:00

## Weekly Offering

Offering for June 23: Outdoor service

Thank you to everyone who is giving regularly at St. George's whether via cash, cheque, PAR, or online. If you are able, we greatly appreciate the PAR donation approach, as it helps ensure regular cash flow for our church's ministry, despite attendance patterns - especially in the summer and during vacation times. Please know that regardless of donation method, your support of the Lord's work through St. George's is deeply appreciated. Any questions or concerns regarding donations can be directed to:

[richardhowarth@videotron.ca](mailto:richardhowarth@videotron.ca)

*I think that if God forgives us we must  
forgive ourselves. Otherwise, it is  
almost like setting up ourselves as a  
higher tribunal than Him.*

C.S. LEWIS

**For info on all of our weekly activities and special events, please consult our website or Facebook page. We welcome your submissions for e-Touch; please note the deadline for your requested inclusion is Thursday at the end of the day.**