



ST. GEORGE'S E-TOUCH

Friday July 12, 2019 – Saturday July 20, 2019



This Sunday - Pentecost 5
July 14, 2019

Service at 9:00 am

Presider: Rev. Dr. Stanley Brooks
Preacher: Rev. Dr. Stanley Brooks

Readings: Amos 7:7-17
Colossians 1:1-14
Luke 10:25-37

If God can rest, there is no excuse that we cannot take 24 hours off to rest... to rest with God.

Plastic Free July



July is more than just beautiful sunshine and summer vacation, it's also a global movement that helps millions of people be part of the solution to plastic pollution – so we can have cleaner streets, oceans, and beautiful communities. Originating in Australia, the movement is making waves all around the world. Will you be part of Plastic Free July by choosing to refuse single-use plastics? No matter who we are or where we live we can all take part and by starting with one item to avoid or one reusable to remember this month, we can start to change our habits and make a difference. Take the challenge today. Alone we are a drop, together an ocean.

www.plasticfreejuly.org

Some ideas to get started:

- ✓ Bring a reusable coffee cup or dine-in at your local coffee shop
- ✓ Get reusable mesh bags for your fruits and vegetables
- ✓ Refuse plastic straws
- ✓ Plan ahead and avoid pre-packed bread, rolls and baked goods
- ✓ Avoid the plastic trays used for meat, fish and poultry

And some more ideas as you advance:

- ✓ Use metal razors
- ✓ Avoid clothing with synthetic fibers
- ✓ Use bar soap and solid shampoo

Food Cupboard

Where community is family – thank you for your generous donations to restock our shelves. Please remember that we will be open through the summer.

What are ways you can help? Make a financial donation, donate food items, volunteer.

If you are able to donate food, here are our “super six” – always need items:

- canned fish and meat
- peanut butter
- toilet paper
- pasta sauces
- hearty soups and stews
- cereal



Cedric and Diana have recently moved to a residence and would love to receive a note, a visit or a call. If you would like reach out to them, please call the office for their contact information.

Parish Profile

Our parish profile is now available both on our website and on the Diocesan website:

stgeorgesanglicanchurch.org
montreal.anglican.ca

If you know of someone who is interested in the position, please encourage him or her to apply via the posting. The Parish Selection Committee thanks you for your ongoing support.



The Pride Mass planning team would like to cordially invite you to attend this year's Pride Mass on August 11 at 4 pm at Christ Church Cathedral, Montreal.

Celebrating and honoring the LGBTQ+ community with a dedicated worship service during Montreal Pride Week.

There will be refreshments on the Cathedral forecourt following the service!

JOIN US!



Grant Gehlson, a long-time supporter of St. George's church died in April. His family is offering, at reduced prices, some medical equipment that was rarely or never used. A hospital bed and a commode (never used) are available for sale. Please contact the office if you are interested in these items.

Rev. Stanley Brooks
Interim Parish Priest
lgsbrooksivy@gmail.com

Ann Cumyn, Sandra Holmes
Amanda Reynolds, Susan Winn
Lay Readers

Jean-François Gauthier
Organist and Choirmaster

Lori Davison
Parish Administrator
office@stg.church

James Williamson
Cleaner

Dale Stilwell
Rector's Warden
dale.stilwell@live.com

Ann Hamaker
People's Warden
hamakers@outlook.com

Kevin Glasgow
Treasurer
kglasgow54@gmail.com

Contact St. George's: 514-457-6934
Office Hours: Tues, Thurs, Fri
8:00 – 12:00

Weekly Offering

Offering for July 7: \$925.05

Thank you to everyone who is giving regularly at St. George's whether via cash, cheque, PAR, or online. If you are able, we greatly appreciate the PAR donation approach, as it helps ensure regular cash flow for our church's ministry, despite attendance patterns - especially in the summer and during vacation times. Please know that regardless of donation method, your support of the Lord's work through St. George's is deeply appreciated. Any questions or concerns regarding donations can be directed to:

richardhowarth@videotron.ca

JESUS
+
NOTHING
=
EVERYTHING

For info on all of our weekly activities and special events, please consult our website or Facebook page. We welcome your submissions for e-Touch; please note the deadline for your requested inclusion is Thursday at the end of the day.