



ST. GEORGE'S E-TOUCH

Friday July 26, 2019 – Saturday August 3, 2019



This Sunday - Pentecost 7
July 28, 2019

Service at 9:00 am

Presider: Sandra Holmes
Preacher: Amanda Reynolds

Readings: Hosea 1:2-10
Colossians 2:6-15
Luke 11:1-13

If God can rest, there is no excuse that we cannot take 24 hours off to rest... to rest with God.



Plastic free

Less than 11 per cent of Canada's plastics get recycled. The rest end up in our landfills, lakes, parks and oceans, destroying ecosystems and leaching toxic chemicals.

We can't rely on businesses to "do the right thing" voluntarily, so long as making new plastic from fossil resources is cheap, the cost of collecting and recycling plastic is high, and dumping plastic into the environment is "free".

About ninety percent of the plastic products used every day are used once and then thrown: plastic wrap, grocery bags, straws, disposable cutlery, and coffee-cup lids among others. Consider how you often depend on these items and change to reusable versions.

However, can one person, or several people or one whole church make a difference? Of course, we can. If we at St. George's commit to reducing plastic in our events and in our church, we will make a difference in our community.

Here are some ideas of initiatives we can make:

- Discourage buying plastic water bottles
- Recycle properly – always be sure to recycle all plastics
- Do not purchase # 6 recyclable plastic – our community recycling programs do not recycle # 6
- Discourage use of individual juice boxes
- Compost the paper towels in the bathroom
- Be patient and pray often for this initiative. Changing hearts and changing habits takes time and the Holy Spirit!

Food Cupboard

Thanks to Mohammed and his volunteers in our community garden, our food cupboard clients have seen some Swiss chard and lettuce in their food bags. They really need and appreciate the fresh produce.

We are open through the summer and still need non-perishables regularly. Any or all of the items below would be helpful.

- canned fish and meat
- peanut butter
- juice
- pasta sauces
- hearty soups and stews
- rice

School Supply Giveaway

Walking into the classroom on the first day of school with a good-quality backpack filled with the same school supplies as everyone else can go along with in helping a child feel confident.

The West Island Mission is asking for \$25 donations to help defray the cost of filling backpacks with school supplies for children from low-income families. Supplies are being stockpiled and volunteers are busy filling the backpacks that will be distributed to pre-registered families Aug. 17.

School-supply lists are researched in advance so that the children will receive exactly what the school requires. All the basics are included, from pencils to scissors, plastic folders to highlighters.

If you would like to sponsor a backpack, you can go to the West Island Mission's website at:

<https://www.canadahelps.org/en/dn/m/42258/donation>



Periodically we take the prayer requests from the bulletin and add them to the e-Touch so that all members, including those who are not able to attend worship services will be able to pray for those listed.

Your prayers are invited for: Brenda, Elizabeth, Margaret, Roy, Felicity, Cameron, Kelsey, Qinpu, Sarah Blanche, David, Marie-Josée, Art, Ray, Laverne, Brittany, our foster child Melaku

Pasta Supper and Silent Auction

~ Save the Date ~



The annual Pasta Supper and Silent Auction will be on Saturday October 19 this year at 6 pm in the Parish Hall. We will be serving salad, pasta and homemade sauce, bread, dessert, coffee and cold drinks. There will be a 50-50 raffle and oodles of wonderful prizes open to lucky bidders. Ann and Collen are the organizers and will need a set-up crew, cooks and bakers, and a clean-up crew but mostly **they will need auction prizes. Talk to businesses that you frequent, your employer, and goods and services that you can offer.** Watch for additional details in the e-Touch. This is a much-loved event so we hope to see you there.

Rev. Stanley Brooks
Interim Parish Priest
lgsbrooksivy@gmail.com

Ann Cumyn, Sandra Holmes
Amanda Reynolds, Susan Winn
Lay Readers

Jean-François Gauthier
Organist and Choirmaster

Lori Davison
Parish Administrator
office@stg.church

James Williamson
Cleaner

Dale Stilwell
Rector's Warden
dale.stilwell@live.com

Ann Hamaker
People's Warden
hamakers@outlook.com

Kevin Glasgow
Treasurer
kglasgow54@gmail.com

Contact St. George's: 514-457-6934
Office Hours: Tues, Thurs, Fri
8:00 – 12:00

Weekly Offering

Offering for July 21: \$645.00

Thank you to everyone who is giving regularly at St. George's whether via cash, cheque, PAR, or online. If you are able, we greatly appreciate the PAR donation approach, as it helps ensure regular cash flow for our church's ministry, despite attendance patterns - especially in the summer and during vacation times. Please know that regardless of donation method, your support of the Lord's work through St. George's is deeply appreciated. Any questions or concerns regarding donations can be directed to:

richardhowarth@videotron.ca

JESUS
+
NOTHING
=
EVERYTHING

For info on all of our weekly activities and special events, please consult our website or Facebook page. We welcome your submissions for e-Touch; please note the deadline for your requested inclusion is Thursday at the end of the day.