



ST. GEORGE'S E-TOUCH

Friday March 27, 2020 – Saturday April 4, 2020

Lent 5 March 29, 2020

9:45 Gathering and Greeting
10:00 Morning Prayer

This Sunday please join us on Zoom once again for Morning Prayer. We will begin at 9:45 am to allow a generous time to meet and greet one another, and we will begin prayers at 10:00 am.

A copy of the bulletin is available on our website www.stg.church

<https://zoom.us/j/659461497>
or by meeting ID 659 461 497

Readings:

Ezekiel 37:1-4
Romans 8:6-11
John 11:1-45

Prayer:

Lord Jesus Christ, you taught us to love our neighbour, and to care for those in need as if we were caring for you. In this time of anxiety, give us strength to comfort the fearful, to tend the sick, and to assure the isolated of our love, and your love, for your name's sake. **Amen.**

If God can rest, there is no excuse that we cannot take 24 hours off to rest... to rest with God.



Rector's Corner

You have been in my prayers and thoughts constantly throughout this unusual time. I pray you are all safe, and well in every way.

Last Sunday was our first time meeting together for worship and prayers using Zoom. Together we enjoyed seeing one another and feeling a true sense of fellowship and connection despite our physical distance. In addition to our prayers, our time together was nourishing and strengthening.

Thank you for your concern and outreach to those in our communities, and especially to those who are alone and vulnerable. I have heard of the many calls and conversations, and the many generous offers to help one another. The ministry of St. George's remains bold and strong.

Since we are meeting together using social media we are using the daily office of Morning Prayer in place of our community Eucharist service. The prayer of the heart unites us together, and together with God in a holy communion. I long for the day when we are together around the altar for Eucharist; to receive the gift of Christ's Presence in bread and wine. Until that time, I offer you some prayers from the Christian tradition:

In union, dear Lord, with the faithful at every altar of thy Church where the blessed body and blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe that Thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart (St. Augustine Prayer Book)

While at home please take time for prayer with God. Whether you read, meditate in silence, go for a walk, cook a meal, or clean – keep God's loving Presence central in your mind and heart.

A regular rhythm of prayer helps mark the time and ground us in God. The Book of Alternative Services provides a pattern of Home Prayers beginning on page 685, in addition to the daily office of Morning and Evening Prayer. Also, the Book of Common Prayer provides Forms of Prayer to be used in Families on page 728, following Compline – a beautiful prayer for the night. One can also avail of many online daily devotions. One comes from the Church of England: <https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>

Continued below

Food Cupboard

We are continuing services to our local food cupboard clients and any parishioner in need of assistance. We have asked the regulars to make an appointment and they can visit by themselves rather than in groups during regular hours.

For those who would like to donate food, we have a couple of options:

- A plastic bin is outside by the office door. This area is protected from rain and you can drop off food anytime. Rev. Steven will empty it daily.
- You can donate through Canada Helps. There is a drop-down menu. Instead of choosing General Support Sunday Services, you can choose Food Cupboard.

During this time of social isolation, you may be wondering how you can best continue to support St. George's.

Here are two options:

[Canada Helps](#)

On our website, www.stg.church.org, you can donate via Canada Helps. There is a small percentage cost to the church for each transaction. Canada Helps supplies tax receipts. It is simple, easy and secure.

[Mail](#)

You can mail in your envelopes or cheques and post-date them as you see necessary.

Unfortunately, the PAR office is closed so they cannot process any new applications at this time. However, it would be a good idea to set this up as soon as we can.

Continued from above

Pastoral Care - Please feel free to contact me directly at the office: 514.457.6934. If I am away from the office, please leave a message for me. I will be checking messages regularly.

May God give you grace and peace knowing Christ is with you always!

Peace,

Steven+

*God of grace and God of glory,
On your people pour thy power;
Crown thine ancient Church's story;
Bring her bud to glorious flower.
Grant us wisdom, grant us courage,
For the facing of this hour...
... for the living of these days.
words by Harry Emerson Fosdick (1878-1969)*

St. Michael's Mission

Thank you very much for your generous donations of fruit cups and peanut butter to St. Michael's Mission. They were delivered last week and are being distributed.

Should you wish to contribute to St. Michael's financially during this time, there are some possibilities.

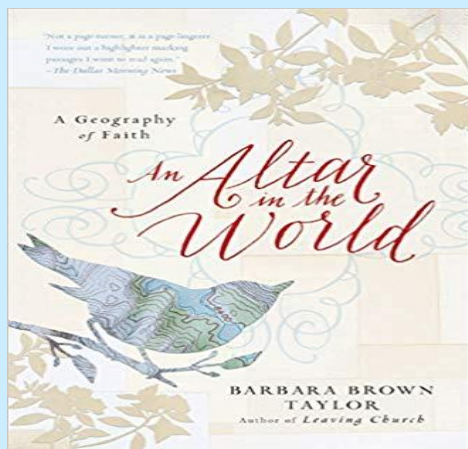
They have a website www.stmichaelsmissionmtl.org and you can make an online donation by credit card.

You can also donate on our website and write a message that your donation is specifically for St. Michael's Mission.

We thank you for your ongoing generosity.

Women's Bible Study

Zoom is the flavour of the month! We will meet by Zoom on Monday, March 30 at 2:00 pm. We will use this time to check in with one another and to worship together using A Disciples Prayer Book. Our worship includes our reflections on the gospel of the day, John 8:1-11. If you are not part of the Women's Bible Study group, but would like to join us, please send an email to Ann Cumyn (acumyn@sympatico.ca). It is not necessary to have the Disciple's Prayer Book to join in the worship. Details about accessing the meeting will be emailed out on Monday morning to those who have expressed an interest in attending.



Book Club

Taylor reveals meaningful ways to discover the sacred in the small things we do and see, from simple practices such as walking, working, and prayer. Something as ordinary as hanging clothes on a clothesline becomes an act of meditation if we pay attention to what we are doing and take time to notice the sights, smells, and sounds around us. Making eye contact with the cashier at the grocery store becomes a moment of true human connection. Allowing yourself to get lost leads to new discoveries. As we incorporate these practices in our daily lives, we begin to discover altars everywhere we go, in nearly everything we do. Through Taylor's expert guidance and delicate, thought-provoking prose, we learn to live with purpose, pay attention, slow down, and practice reverence.

The books are ordered and should be in this week. During this quiet period, we can each be reading and then will get together later for discussion.

If you have not yet signed up for the book club please let the office know by email or phone message to add your name as there will be some extra copies available.

Music Corner



Hello everyone,
Social distancing, confinement, slowing down the pace, keeping confident...

We cannot sing together this Sunday, but music is still there to help us go through this time of uncertainty. Here's a selection I prepared for you.

Hoping you will enjoy it and find comfort in it.

May It Be - Enya
<https://youtu.be/x7M5ZqFSynQ>

May it be an evening star
Shines down upon you
May it be when darkness falls
Your heart will be true
You walk a lonely road
Oh, how far you are from home
Mornië utülië ((darkness has come))
Believe and you will find your way
Mornië alantië ((darkness has fallen))
A promise lives within you now
May it be the shadows call
Will fly away
May it be your journey on
To light the day
When the night is overcome
You may rise to...

Tomorrow! ("Morgen!", by R. Strauss)
<https://youtu.be/qURtICIakGU>

English Translation © Richard Stokes

And tomorrow the sun will shine again
And on the path that I shall take,
It will unite us, happy ones, again,
Amid this same sun-breathing earth ...
And to the shore, broad, blue-waved,
We shall quietly and slowly descend,
Speechless we shall gaze into each other's eyes,
And the speechless silence of bliss shall fall on us ...
Translation © Richard Stokes, author of *The Book of Lieder* (Faber, 2005)

Lenten Series

Doctrine of Discovery: Stolen Lands, Strong Hearts. Unfortunately, we've been able to meet on only two occasions. I am hoping we can have a follow-up meeting in late spring/early summer to finish this conversation and continue the commitment of reconciliation and reparation.

Women's Breakfast

In spite of no palms there will be a Women's Breakfast meeting by Zoom on Saturday, April 4. It will be held at 9:00 am. Bring your cup of coffee or tea and join in the fellowship, when we will thank God for his presence and share our stories of overcoming difficulties, either now or in the past; humour is encouraged. A notice regarding how to access the meeting will be sent out the day before, on Friday, April 3rd. For further information contact Ann Cumyn (acumyn@sympatico.ca).

Rev. Steven Maki

Parish Priest

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Contact St. George's: 514-457-6934

Office Hours:

Tues, Thurs, Fri: 8:00 – 12:00

Clergy Office Hours:

Wed: 9:00 – 12:00

Weekly Offering

Offering for March 22: \$1,000.00

Thank you to everyone who is giving regularly at St. George's whether via cash, cheque, PAR, or online. If you are able, we greatly appreciate the PAR donation approach, as it helps ensure regular cash flow for our church's ministry, despite attendance patterns - especially in the summer and during vacation times. Please know that regardless of donation method, your support of the Lord's work through St. George's is deeply appreciated. Any questions or concerns regarding donations can be directed to:

richardhowarth@videotron.ca

*You have to be willing to get happy
about nothing.*

Andy Warhol

For info on all of our weekly activities and special events, please consult our website or Facebook page. We welcome your submissions for e-Touch; please note the deadline for your requested inclusion is Thursday at the end of the day.